



### **Brunch**

Thursday & Friday

11:30am – 2:30pm

Traditional English Breakfast, Sausage, Bacon, Mushrooms, Egg of choice, Hash Brown, Tomato & Baked Beans Served with Toast & Butter (GF) 9.00

Vegetarian English Breakfast, Vegetarian Sausage, Hash Brown, Mushroom, Egg of Choice, Tomato & Baked Beans Served with Toast & Butter (GF) 9.00

Eggs Benedict, English bloomer croute, Honey Roast Ham,  
Poached Egg & Hollandaise Sauce (GF) 8.00  
Add Smoked Salmon 3.00

Free Ranged Egg Omelette Plain (GF) 7.00  
Add 2 Toppings of Your Choice for an Additional £1  
Cheese, Bacon, Mushroom, Spinach, Tomato, Onion

Smashed Avocado on Toast with Poached Eggs,  
Crispy Streaky Bacon & Tomato (GF) 8.00

V1

**Not all ingredients in recipes are clearly identified on the menu.**

We care for your wellbeing, and **customers with food allergies are asked to discuss their needs with the duty manager** who will be happy to talk to the Chefs and advise on appropriate menu choices if required.

Any gratuities are left entirely at your discretion (10% service charge added to tables of 4 or more all, of which go to the staff) - [www.royalrosebrentwood](http://www.royalrosebrentwood) – Tel: 01277 375485



### **Lunch Menu**

### **Pre-Starters**

Mixed herb olives 5.00  
Selection of bread & dips 5.00

### **Starters**

Chicken & Apricot Pate with Red Onion Jam & Brioche Toast 9.00  
Prawn & Smoked Salmon Sushi Roll with Marie Rose Sauce 10.00  
Coconut Tempura King Prawns with a Sweet Chilli Mango Dressing 10.00  
Sweet Potato & Goats Cheese Stack Served with Sundried Tomato Put Lentils 9.00  
Bang Bang Chicken with Sesame Shoestring Vegetable & Coriander Dressing 9.00  
Soft Shell Crab with Crispy Seaweed & Thai Honey Sauce 11.00  
Oregano Tempura Halloumi Fries with Cajun Mayonnaise 9.00  
Arancini Balls with Garlic Aioli 9.00  
Butternut Squash & Coconut Soup, Served with Toasted Focaccia (Vegan) 7.00

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### **Lunch Mains**

The Royal Robins Pie 'N' Mash & Liquor, Beef Pie Served with Creamy Mash & A Parsley Liquor 13.00

Hunters Chicken Glazed with Hickory BBQ Sauce,  
Topped with Monterey Jack Cheese Served with  
A House Salad & Home Fries 15.00

Pork & Leek Sausage Ring with Grain Mustard Mash,  
Buttered Peas & Onion Gravy 13.00

Thai Red Vegetable Curry Served with Coriander Rice  
(Vegan Option Available) 14.00  
*Add Chicken Breast 5.00 Add King Prawns 7.00*

### **Lunch Fish Dishes**

Fresh Steamed Garlic & Chilli Mussels in A Rich  
White Wine Sauce with crusty warm bread 19.00

Fresh Catch of the Day Served with Home Fries,  
Buttered Garden Peas & Homemade Tartare Sauce 14.00

### **Lunch Pasta & Salad Dishes**

Passata Pasta with Chestnut Mushroom, Asparagus & Sundried  
Tomato (Vegan Option Available) 13.00  
*Add Chicken Breast 5.00 Add King Prawns 7.00*

Caesar Salad Served with Herb Croutons, Parmesan Shavings,  
Soft Boiled Egg & Baby Gem 10.00  
*Add Chicken Breast 5.00 Add Smoked Salmon 6.00*

Crispy Fillet Beef Salad with Asian rice noodle salad 16.00

Thai Sweet Chilli Chicken Salad with Caesar Dressing 16.00

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### **Lunch Grill Dishes**

8oz Sirloin Steak Served with Tarragon Flat Mushroom, Cherry Tomatoes, Home Fries & Peppercorn Sauce 23.00

Royal Chicken Shish with House Salad, Khobez Bread, Garlic Dressing & Home Fries 19.00

The Royal Burger with Monterey Jack Cheese, Gherkin, Beef Tomato, Crispy Gem Lettuce Served in a Brioche Bun with Home Fries 15.00

Katsu Chicken Burger with Satay Mayo, Sweet Chilli Cucumbers & Curry Fries 15.00

Sloppy BBQ Pulled Pork Bap with Home Fries & Rainbow Slaw 15.00

Sticky Pork Full Rack of Ribs with Home Fries & Rainbow Slaw 19.00

### **Lunch Sandwiches**

Toasted ciabatta Philly cheese steak served with hand cut crisp & royal rose salad 10.00

Hunters chicken ciabatta served with hand cut crisp & royal rose salad 8.00

Bang Bang Chicken Wrap with Shoestring Veg 8.00

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*À la carte*

**Pre-Starters**

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Selection of bread & dips 5.00

**Starters**

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Prawn & Smoked Salmon Sushi Roll with Marie Rose Sauce 10.00  
Coconut Tempura King Prawns with a Sweet Chilli Mango Dressing 10.00  
Sweet Potato & Goats Cheese Stack Served with Sundried Tomato Put Lentils 9.00  
Bang Bang Chicken with Sesame Shoestring Vegetable & Coriander Dressing 9.00  
Soft Shell Crab with Crispy Seaweed & Thai Honey Sauce 11.00  
Oregano Tempura Halloumi Fries with Cajun Mayonnaise 9.00  
Arancini Balls with Garlic Aioli 9.00  
Butternut Squash & Coconut Soup, Served with Toasted Focaccia (Vegan) 7.00

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## *À la carte*

### **Mains Dishes**

Thai Red Vegetable Curry Served with Coriander Rice (Vegan Option Available) 14.00  
*Add Chicken Breast 5.00 Add King Prawns 7.00*

Sticky Pork Full Rack of Ribs with Home Fries & Rainbow Slaw 19.00

Chicken Kiev with Garlic Cream Sauce, Herb New Potatoes & summer Vegetables 17.00

Moroccan Chicken Thigh Tagine with Aromatic Couscous  
Crispy Flatbread Bread & Smoked Hummus 18.00

### **Grill Dishes**

8oz Sirloin Served with Tarragon Flat Mushroom, Cherry Tomatoes, Home Fries &  
Peppercorn Sauce 23.00

8oz Fillet Served with Tarragon Flat Mushroom, Cherry Tomatoes, Home Fries &  
Peppercorn Sauce 29.00

The Royal Burger with Monterey Jack Cheese, Gherkin, Beef Tomato, Crispy Gem Lettuce  
Served in a Brioche Bun with Home Fries 15.00

Katsu Chicken Burger with Satay Mayo, Sweet Chilli Cucumbers & Curry Fries 15.00

Royal Chicken Shish with House Salad, Khobez Bread, Garlic Dressing & Home Fries 19.00

Seared Chicken Breast served with Chargrilled Med Veg Salad  
& A Sweet Mango Dressing 16.00

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### **Fish Dishes**

Fresh Steamed Garlic & Chilli Mussels in A Rich  
White Wine Sauce & warm crusty bread 19.00

Seared Seabass with Chorizo Mash, Sea Asparagus & Cream Sauce 16.00

Seared Asian Salmon Broth with Rice Noodle Salad 19.00

### **Pasta & Salads Dishes**

Passata Pasta with Chestnut Mushroom, Asparagus & Sundried  
Tomato (Vegan Option Available) 13.00  
*Add Chicken Breast 5.00 Add King Prawns 7.00*

Caesar Salad Served with Herb Croutons, Parmesan Shavings,  
Soft Boiled Egg & Baby Gem 10.00  
*Add Chicken Breast 5.00 Add Smoked Salmon 6.00*

Crispy Fillet Beef Salad with Asian rice noodle salad 16.00

Thai sweet chilli chicken served with a caesar salad 16.00

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### **Sides Dishes**

Truffle & Parmesan Fries (GF) 6.00

Home Fries (GF) 4.00

Dirty Fries (GF) 4.00

Sweet Potato Fries (GF) 4.00

Creamed Spinach (GF) 4.00

Green Vegetables (VE)(GF) 4.00

Buttered Asparagus (GF) 5.00

House Salad (VE)(GF) 3.00

Battered Onion Rings 3.00

Garlic Ciabatta 2.00

Garlic Ciabatta & Cheese 3.00

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## **Desserts**

Hot Chocolate Churros with chocolate & Toffee sauce 8.00

Strawberry Mille-feuille 8.00

Hot White Chocolate Brownie 8.00

Mango & Raspberry Mousse 8.00

Very Berry Eton Mess Cheesecake 8.00

Ice Cream Sundae 8.00

Poached Berry & Pear (Vegan) 8.00

Rossi Selection of ice Cream & sorbet  
(3 scoops) 8.00

Selection of British Cheese with Homemade Chutney 9.00

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